



# Aliah University

(A UGC approved autonomous Institution under the Department of Minority affairs and Madrasah Education, Govt. of West Bengal)

IIA/27, New Town (Near Eco Space), Kolkata-700160, West Bengal, India

## Action Report of FIT INDIA MOVEMENT On Jan 2021

Date : 08.02.2022

Dear Sir/ Madam,

### **CELEBRATING NATIONAL YOUTH FESTIVAL HAD BEEN CONDUCTED FROM 12 JAN TO 16 JAN 2022 ON ONLINE MODE:-**

**THE Birth Anniversary of Swami Viveka Nanda is being celebrated as National Youth Week every year.**

Aliah University (AICTE ) NCC Cadets with the collaboration of 31 Bengal Bn NCC, Kol B, West Bengal and Sikkim Directorate organized a competitions 12<sup>th</sup> January to 16<sup>th</sup> January- Lots of Online competitions being organised, good prizes/Certificates to be won. Your performance will add on to your NCC Cadet Appointment Rank tally. It started with the **1. YOGA COMPETITION ( 12<sup>th</sup> JANUARY)- RULES AND REGULATIONS OF THE COMPETITIONS (Make a video of you doing Yoga postures of your choice for upto 1 minute ) 2. Declamation Competition ( 13 Jan 22) - "TAKE RISKS IN YOUR LIFE, IF YOU WIN, YOU CAN LEAD! IF YOU LOSE, YOU CAN GUIDE" OR " IF YOU THINK YOURSELVES STRONG, STRONG YOU WILL BE" OR "YOU ARE THE CREATOR OF YOUR OWN DESTINY". 3. 14 Jan 22 PAINTING/SKETCH COMPETITION, Poetry Writing cum Recitation Competition & Folk Song/Folk Dance Competitions.**ake a painting /Sketch on paper /Canvas of a size not less than a chart paper. You can use any colour eg pencil/Sketch pens/Crayons /pastel colours etc.

1. Total No. of Participants – 33
2. Number of Faculty Participants – 02
3. Number of Students Participants – 31

All students gladly participated on that program and getting participation certificates.

**Aliah University (AICTE ) NCC Cadets with the collaboration of 31 Bengal Bn NCC, Kol B, West Bengal and Sikkim Directorate also Celebrated Republic Day.**



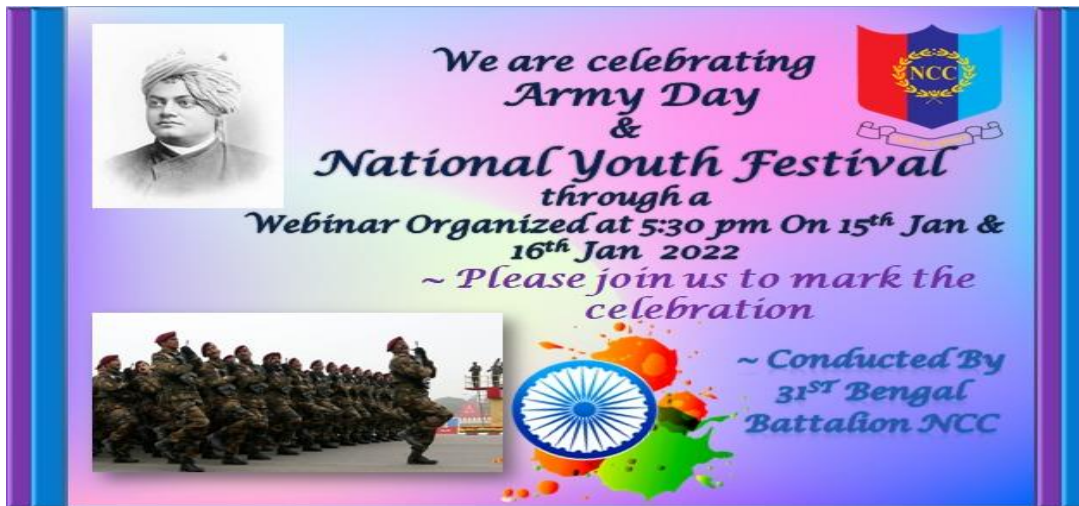
Greetings from AICTE, New Delhi by mail on 4<sup>th</sup> Feb, India is celebrating 75 years of India's Independence - "Azadi Ka Amrut Mahotsav (AKAM)" which will extend up to Independence Day 2023. The information about various events are available on the AKAM website <https://amritmahotsav.nic.in/>.

In this regard Aliah University AICTE Fit India Movement had been **uploaded information related to the various events organized** by institute in the month of **January, 2022** on the **Azadi ka Amrit Mahotsav (AKAM)** on the portal **latest by 8<sup>th</sup> February 2022**.

All the information of participants for details please find the attached file.

Thanks and regards

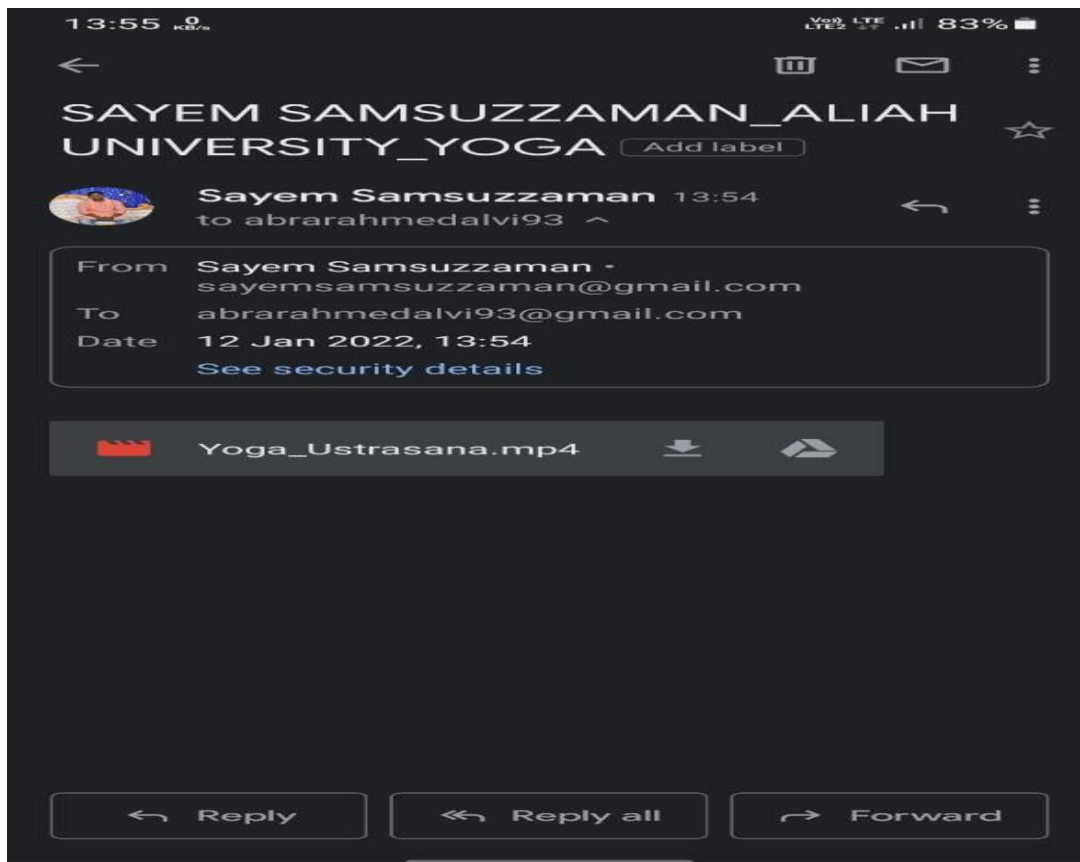
Dr. Sk Sabir Ali  
Physical Training Instructor  
Nodal Officer (AICTE Fit India Movement)  
Aliah University



INAUGURATION OF YOUTH FESTIVAL BY HONBLE PM OF INDIA

<https://pmevents.ncog.gov.in/>

YOGA COMPETITIONS:-



NAME -TUHIN HOQUE -ALIAH UNIVERSITY- B.TECH(MECHANICAL ENGG.) - YUGA (HALASANA&CHAKRASANA)



Add label



Tuhin Hoque to abrahammedalvi93 Hide details

From: Tuhin Hoque tuhinhoquewb@gmail.com To: abrahammedalvi93@gmail.com Date: Jan 13, 2022, 12:05 PM

https://drive.google.com/file/d/10XAlia2WzX5jbt2Cgw37FULZH03Vaz8T/view?usp=drivesdk

Reply Reply all Forward

Name - Minhajur Rahaman , Yoga-Sarvangasana ,Aliah University , Newtown Kolkata , 700156

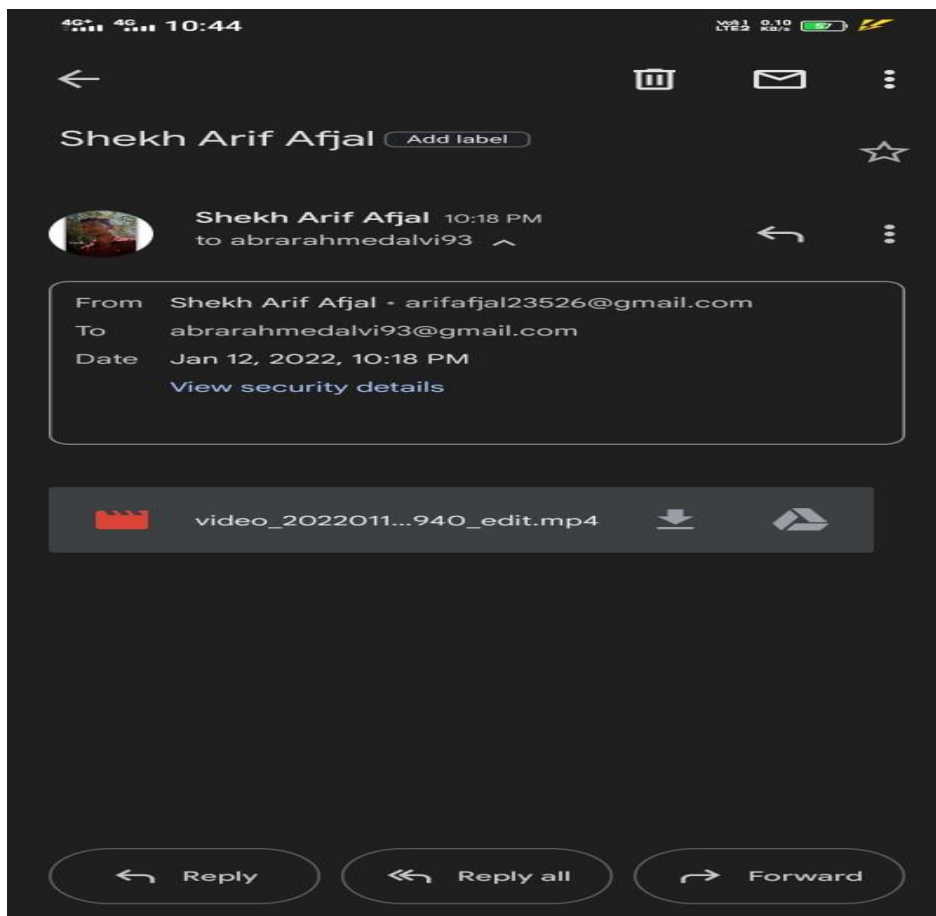
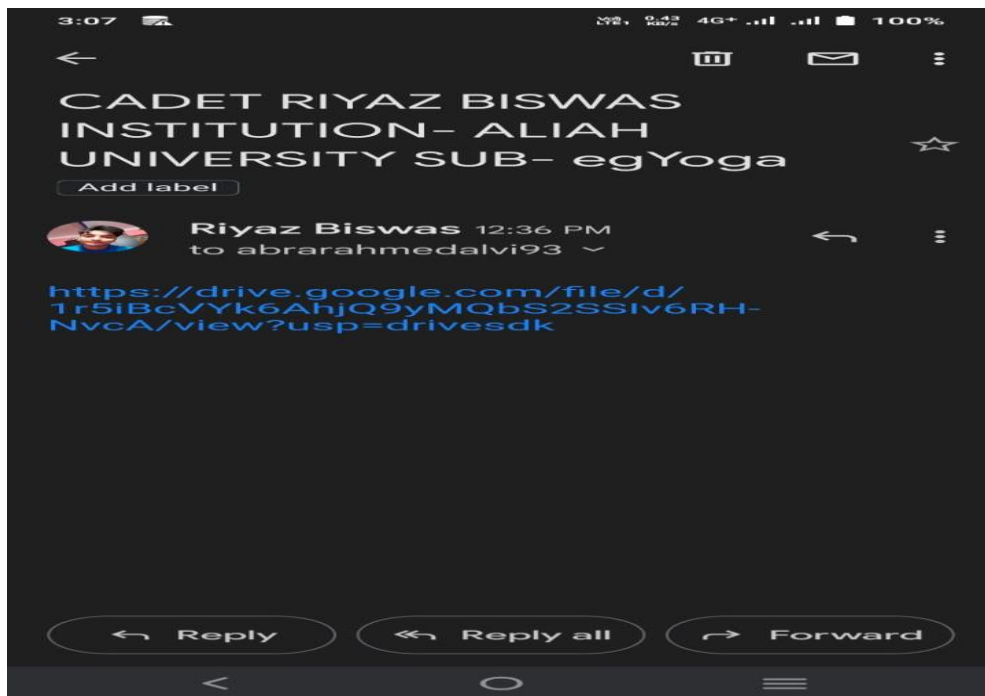


Minhajur Rahaman 1:40 PM to abrahammedalvi93

From Minhajur Rahaman - minhajur1260@gmail.com To abrahammedalvi93@gmail.com Date Jan 12, 2022, 1:40 PM View security details

VID-202201...A0007.mp4

Reply Reply all Forward





SK JAHID ALI\_ALIAH  
UNIVERSITY\_YOGA

Add label



Sk Jahid Ali 2:57 pm  
to abrahammedalvi93



Yoga\_Padmasan.mp4



TOPIC FOR LIVE DEBATE

"IS THE ONLINE TEACHING METHODOLOGY SUPERIOR THAN THE TRADITIONAL OFF LINE ONE"-

@LANGUAGE: ENGLISH/HINDI/BANGLA .@ DURATION - 1 MIN.@ PENALTY - EACH 10 SEC - 2 MARKS.

<http://meet.google.com/crd-mxpt-sip>





QUIZE COMPETITION

<https://quiz.mygov.in/>





## Certificate of Participation

PCRA & MyGov congratulate

*Md Noorain Ansari*

for successfully completing the Saksham Quiz.  
We acknowledge your efforts. Keep participating...!

Shri Naveen Gulati,  
Executive Director, PCRA



## Certificate of Participation

Ministry of Defence & MyGov congratulate

*Md Sahab Alam*

for successfully completing the Quiz on Apna Desh, Apne Hathiyar.  
We acknowledge your efforts. Keep participating...!

महेंद्र प्रकाश

Mahendra Prakash Gupta  
Director (Ceremonials)  
Ministry of Defence





# Certificate

-OF PARTICIPATION-

Namami Tate & MyGov congratulate

*Tuhinhoque*

for successfully completing

**The Ocean Scenario Quiz!**

We acknowledge your efforts. Keep participating!

**Abhishek Singh**  
CEO, MyGov

**Dr. Ravichandran**  
Secretary, Ministry of Earth Sciences



MINISTRY OF JAL SHAKTI  
DEPARTMENT OF WATER RESOURCES,  
RIVER DEVELOPMENT &  
GANGA REJUVENATION  
GOVERNMENT OF INDIA

## Certificate of Participation

Ministry of Jal Shakti & MyGov congratulate

*Mafijul Sk*

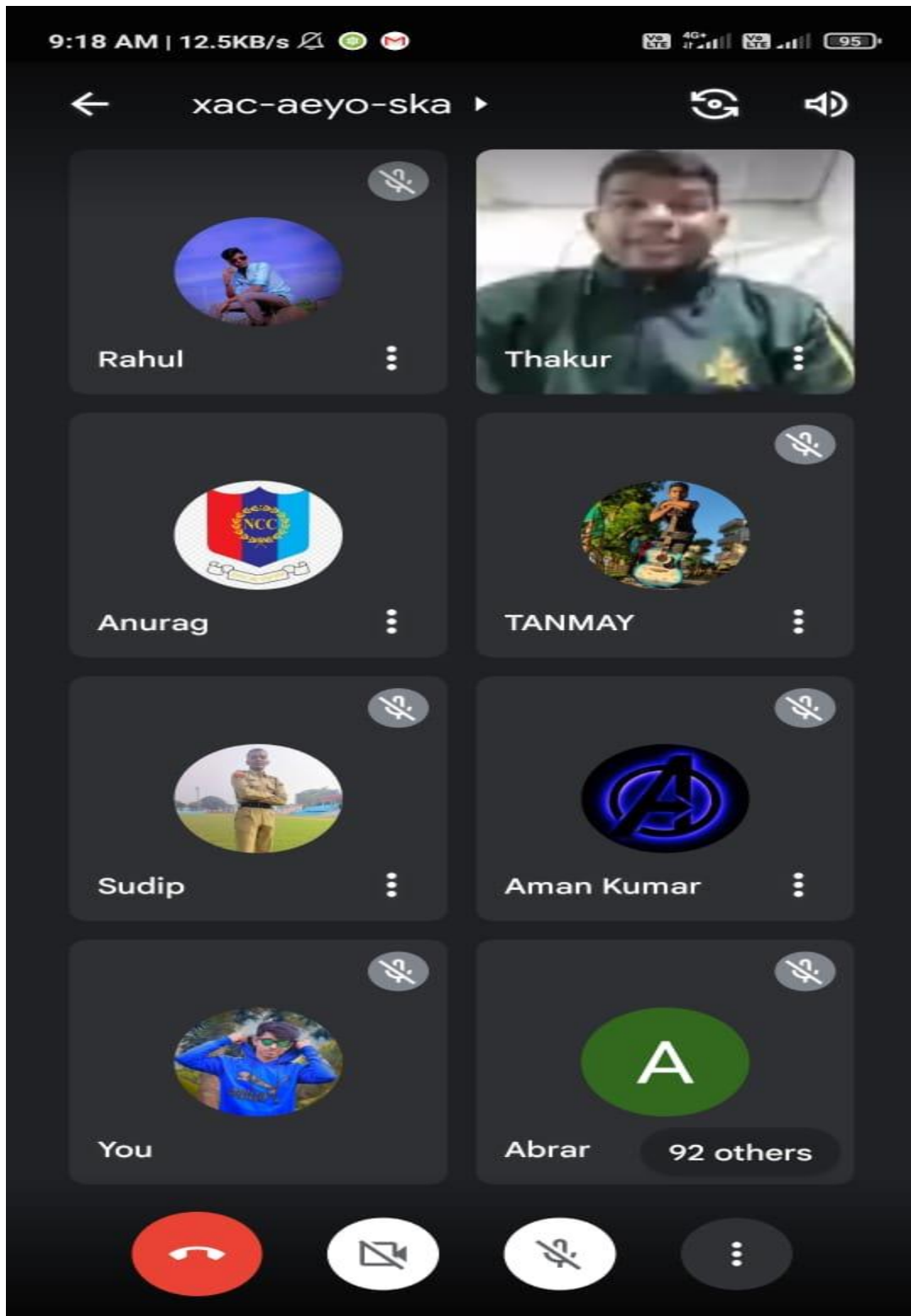
for successfully completing the Bharat Ki Jal Dharohar Quiz

We acknowledge your efforts. Keep participating...!

Shri Girraj Goyal,  
Director(IEC), (DoWR, RD & GR),  
Ministry of Jal Shakti.

# Celebration of Republic Day –

<https://meet.google.com/xac-aeyo-ska>





1. Name- Md Sahab Alam

Department- Biological Science

BSc- 1st Year

Mobile no- 8240866121

Event- YOGA and QUIZ

[https://drive.google.com/file/d/1-cErli9JX3Ku-ZO67T1LnrLhjr67G\\_NM/view?usp=drivesdk](https://drive.google.com/file/d/1-cErli9JX3Ku-ZO67T1LnrLhjr67G_NM/view?usp=drivesdk)

2. Name - Md Mehedi Hasan

Event - Yoga , Declamation

Department - Mechanical Engineering

Year - 2nd Year

[https://drive.google.com/file/d/1Ptffc\\_DASXbUc2hfyaEaYYvr-Z0EzBmM/view?usp=drivesdk](https://drive.google.com/file/d/1Ptffc_DASXbUc2hfyaEaYYvr-Z0EzBmM/view?usp=drivesdk)

3. NAME : SK SARWAR AHAMMED

EVENT : YOGA

DEPT. : ELECTRICAL ENGINEERING

YEAR : 2nd

[https://drive.google.com/file/d/1120OAHRRd2aT5rrEhgqSdYpggPLltpIX/view?usp=drive\\_sdk](https://drive.google.com/file/d/1120OAHRRd2aT5rrEhgqSdYpggPLltpIX/view?usp=drive_sdk)

4. Name Usaid Elahi

Event Yoga

Dept Btech Ece 1st year

Phone no 9831161368

[https://drive.google.com/file/d/1lk8nLLA1B0GrGx7lbhsg6SehmtvSJ0PY/view?usp=drive\\_sdk](https://drive.google.com/file/d/1lk8nLLA1B0GrGx7lbhsg6SehmtvSJ0PY/view?usp=drive_sdk)

5. NAME- TUHIN HOQUE

EVENT- YOGA(Hala sona& Chakrasana)

Program - B.Tech (M.E)

Year- 2nd

[https://drive.google.com/file/d/10XAlia2WzX5jbt2Cgw37FULZH03Vaz8T/view?usp=drive\\_sdk](https://drive.google.com/file/d/10XAlia2WzX5jbt2Cgw37FULZH03Vaz8T/view?usp=drive_sdk)

6. Name - Amina siddique

Event - Yoga ,Quiz

Department - computer science and engineering p\_[BCA\_ bachelor of computer application]

Year - 2nd Year

[https://drive.google.com/file/d/1FvYWkVcawwIEKyqXgX4VW-5224uE2Frq/view?usp=drive\\_sdk](https://drive.google.com/file/d/1FvYWkVcawwIEKyqXgX4VW-5224uE2Frq/view?usp=drive_sdk)

7. NAME: SHAISTA SHAKIL

EVENT: YOGA, LIVE DEBATE

DEPARTMENT: BSc MICROBIOLOGY HONS

YEAR: 2nd YEAR

[https://drive.google.com/file/d/1QjSpd7CeDT\\_yP5Makg0UusAqYnagAmlm/view?usp=drive\\_sdk](https://drive.google.com/file/d/1QjSpd7CeDT_yP5Makg0UusAqYnagAmlm/view?usp=drive_sdk) .



SL. NO	NAME	DEPT.	EVENT		DISTRICT	STATE	CONTACT NUMBER
1	MD MEHEDI HASAN	M.E	YOGA	DECLAMATION COMPETETION	MURSHIDABAD	W.B	8695760601
2	AKASH SK	MATH	YOGA	DECLAMATION COMPETETION	MURSHIDABAD	W.B	9564479569
3	MD RAIHAN	C.E	YOGA		MURSHIDABAD	W.B	8420239863
4	RIYAZ BISWAS	C.E	YOGA		MURSHIDABAD	W.B	7908505273
5	AMINA SIDDIQUE	B.C.A	YOGA		MURSHIDABAD	W.B	6295301581
6	MINHAJUR RAHAMAN	BENG	YOGA		MURSHIDABAD	W.B	8768018696
7	SAYEM SAMSUZZAMAN	E.E	YOGA	DECLAMATION COMPETETION	MURSHIDABAD	W.B	6296259563
8	TUHIN HOQUE	M.E	YOGA		MURSHIDABAD	W.B	8967448672
9	SK JAHD ALI	E.E	YOGA		BANKURA	W.B	6296376653
10	MD OWAES	E.E	YOGA	DECLAMATION COMPETETION	BIRBHUM	W.B	8967848756
11	SK SARWAR AHAMMED	E.E	YOGA	DECLAMATION COMPETETION	PASCHIM MEDNIPUR	W.B	7872441056
12	RAJA SHEIKH	C.E	YOGA		NADIA	W.B	8101467940
13	USAID ELAHI	ECE	YOGA		KOLKATA	W.B	9831161368
14	NURUL AMIN MOLLAH	MICRO-BIO	YOGA		BIRBHUM	W.B	9851408049
15	MD AURANGZEB	CSE	YOGA		KOLKATA	W.B	8229991435
16	RINKU SK	BENG	YOGA		BIRBHUM	W.B	7908626961
17	MOBASHIR FARAZ SIDDIQUI	E.C.E	YOGA	DECLAMATION COMPETETION	KOLKATA	W.B	7439807073
18	MD AKBAR	MECHANICAL	YOGA		KOLKATA	W.B	8981912114
19	RAKID RANA	C.E	YOGA		SOUTH DINAJPUR	W.B	8670545242
20	MUQSEDUR RAHMAN	C.E	YOGA		MALDA	W.B	9641654151
21	SOHAG HOSSAIN		YOGA		COOCHBEHAR	W.B	8967685656
22	SHAISTA SHAKIL	MICRO-BIO.	YOGA		SOUTH 24 PORGANAS	W.B	8777861229
23	SK JASIM ALI	E.E	YOGA	DECLAMATION COMPETETION	PURBA BARDHAMAN	W.B	9635081857
24	SUSHANTA MONDAL		YOGA		DHANBAD	J.K	8578061742
25	MD SORIF	BOTANY	YOGA		MALDA	W.B	9733052824
26	MAFIJUL SK	BOTANY	YOGA	DECLAMATION COMPETETION	NADIA	W.B	7384467524
27	MD SAHAB ALAM	MICRO-BIO	YOGA		KOLKATA	W.B	8240866121
28	MD ZEESHAN SAYEED	M.E	YOGA	DECLAMATION COMPETETION	KOLKATA	W.B	7044433927
29	SK ARIF AFJAL	M.E	YOGA		UTTAR DINAJPUR	W.B	9832404397
30	WASIQAH NEYAZ	E.E	YOGA	DECLAMATION COMPETETION	KOLKATA	W.B	8697147490
31	TUHIN HOQUE	MECHANICAL	YOGA		KOLKATA	W.B	8967448672