



Aliah University

(A UGC approved autonomous Institution under the Department of Minority affairs
and Madrasah Education, Govt. of West Bengal)

IIA/27, New Town (Near Eco Space), Kolkata-700160, West Bengal, India

Action Report of 7th International Day of Yoga (IDY) 2021

Date : 22.06.2021

Dear Sir/ Madam,

This is informing to all concern that as per direction from the Ministry of Education a copy of D.O. No. M-16011/212021-YN-Part(I) dated 2nd March,2021. Aliah University has been observed the 7th International Yoga Day on 21/06/2021 at 11.00 AM **via Google Meet**
Link: <https://meet.google.com/pzs-ucvu-gmi>
YouTube Live Streaming link: <https://youtu.be/MyrDxq2wyNQ>

1. Total No. of Participants – 196,
2. Number of Faculty Participants – 25,
3. Number of Students Participants – 171

All the information of participants (Teaching and Non-teaching staffs, research Scholars, students, and NSS Volunteers) has been collected through this the Google Form.

In this Link :

https://docs.google.com/forms/d/e/1FAIpQLSdTZRs_cqjU8MO3kkt0OGNoYPIC_1Kg40jEFEcGtv_ifSOpMw/viewform?usp=pp_url on or before 18/06/2021.

The Digital banner and name of the honorable guests has been published of Aliah University Website www.aliah.ac.in. For details please find the attached file.

Thanks and regards

Dr. Sk Sabir Ali
Physical Training Instructor
Nodal Officer (AICTE Fit India Movement)
Aliah University

DIGITAL BANNER



**ALIAH UNIVERSITY
KOLKATA**



Celebration of



21st June 2021

From 11: 00 A.M.



Glorious Presence

Prof. Mahammad Ali
Hon'ble Vice - Chancellor, Aliah University

Mr. Pulak Kumar Mondal
Finance Officer, AU

Prof. Mehedi Kalam
Dean, F/O Science and Technology, AU

Dr. Sk. Ashfaque Ali
Deputy Registrar, AU

Dr. Md. Mustaquim
NSS Program Coordinator, AU

Dr. Md. Jahangir Alom
NSS Program Officer, AU

Dr. Syed Nurus Salam
Registrar, Aliah University

Prof. Mir Rejaul Karim
Dean, F/O Humanities and Languages, AU

Dr. Sk. Faruque Ahmed
Controller of Examinations (Acting)

Prof. Amzed Hossein
Dean of Students Affairs, AU

Dr. Sk. Sabir Ali
Physical Training Instructor, AU

Dr. Nasim Ali Khan
NSS Program Officer, AU

Mr. Raju Swarnakar
Yoga Trainer


Organised by NSS Unit, Aliah University, Kolkata

Inaugurated by –

Prof. Mir. Rejaul Karim (Dean, F/O Humanities and Languages, AU)

REC WOHEEUL ISLAM(RS) AU is presenting

REC You're presenting to everyone Stop presenting



Anushka Mahato and 4 others were not allowed to join this meeting
আনুশকা মাহাতা

11:04 AM | Yoga Day

Microphone, Camera, Chat, Hand, Screen, More, End Call

- NASIM ALI KHAN AU
- WOHEEUL ISLAM(...)
- মীর রেজাউল করিম
- Syed Aryan
- Arif Khan
- Dr. Abhishek Das ...
- Md Owaes
- 92 others
- You

10:34 PM | pzs-ucvu-gmi

Microphone, Camera, Chat, Hand, Screen, More, End Call

101 Participants, Chat, Alert

A Topics on " Benefits of YOGA in Modern Society" Delivered by- Dr. Sk Sabir Ali (Physical Training Instructor, AU)

The screenshot shows a Google Meet interface. At the top, the browser address bar displays `meet.google.com/pzs-ucvu-gmi`. The meeting title is "WOHEEUL ISLAM(RS) AU is presenting". The main video area shows a man with glasses and a blue shirt, identified as "Dr. Sk Sabir Ali", presenting against a background of a tropical beach. A "REC" indicator is visible in the top left of the video frame. To the right, a grid of participant thumbnails is shown, including "NASIM ALI KHAN AU", "WOHEEUL ISLAM(...)", "শীর রেজাউল করিম", "Syed Aryan", "Arif Khan", "MD MUSHAHID H...", "Md Owaes", and "92 others". The Windows taskbar at the bottom shows the time as 10:40 PM on 20-Jun-2021, with a system tray displaying 31°C, light rain, and signal strength. A tooltip "Turn off camera (ctrl + e)" is visible over the camera icon in the meeting controls.

A Topics on " Benefits of ASANA" Delivered by- Dr. SK SAIF RAHAMAN (Student of Biological Science, AU)

The screenshot shows a Google Meet interface. The main presentation slide has a yellow background with silhouettes of people in various yoga asanas. A central black box contains the following text:

NAME : SK SAIF RAHAMAN
DEPARTMENT : BIOLOGICAL SCIENCES (MICROBIOLOGY)
UNIVERSITY : ALIAH UNIVERSITY

The slide also features the Aliah University logo at the top center. A small notification from Google Chrome is visible in the bottom right corner of the slide area, stating "You're presenting to everyone".

The meeting interface includes a top bar with a "REC" indicator and the name "Sk Saif Rahaman is presenting". A grid of participant thumbnails is on the right, with "Sk Saif Rahaman" highlighted. The bottom of the screen shows the Windows taskbar with various application icons and the system tray displaying the time as 10:59 PM on 20-Jun-2021.

Yoga Class taken by-

Mr. Raju Swarnakar (Yoga Trainer)

