

# **Aliah University**

(A UGC approved autonomous Institution under the Department of Minority affairs and Madrasah Education, Govt. of West Bengal)
IIA/27, New Town (Near Eco Space), Kolkata-700160, West Bengal, India

### Action Report of 7th International Day of Yoga (IDY) 2021

Date: 22.06.2021

Dear Sir/ Madam,

This is informing to all concern that as per direction from the Ministry of Education a copy of D.O. No. M-16011/212021-YN-Part(I) dated 2nd March,2021. Aliah University has been observed the 7<sup>th</sup> International Yoga Day on 21/06/2021at 11.00 AM **via Google Meet** Link: <a href="https://meet.google.com/pzs-ucvu-gmi">https://meet.google.com/pzs-ucvu-gmi</a>

YouTube Live Streaming link: https://youtu.be/MyrDxq2wyNQ

- 1. Total No. of Participants 196,
- 2. Number of Faculty Participants 25,
- 3. Number of Students Participants 171

All the information of participants (Teaching and Non-teaching staffs, research Scholars, students, and NSS Volunteers) has been collected through this the Google Form.

#### In this Link:

https://docs.google.com/forms/d/e/1FAIpQLSdTZRs\_cqjU8MO3kkt0OGNoYPIC\_1Kg40j EFEcGtv\_ifS0pMw/viewform?usp=pp\_url on or before 18/06/2021.

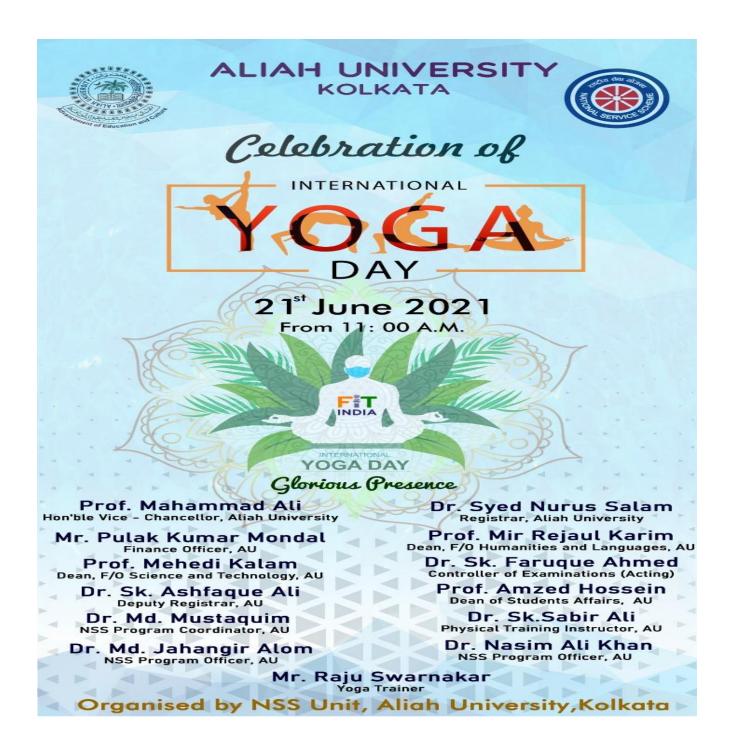
The Digital banner and name of the honorable guests has been published of Aliah University Website <a href="https://www.aliah.ac.in">www.aliah.ac.in</a>. For details please find the attached file.

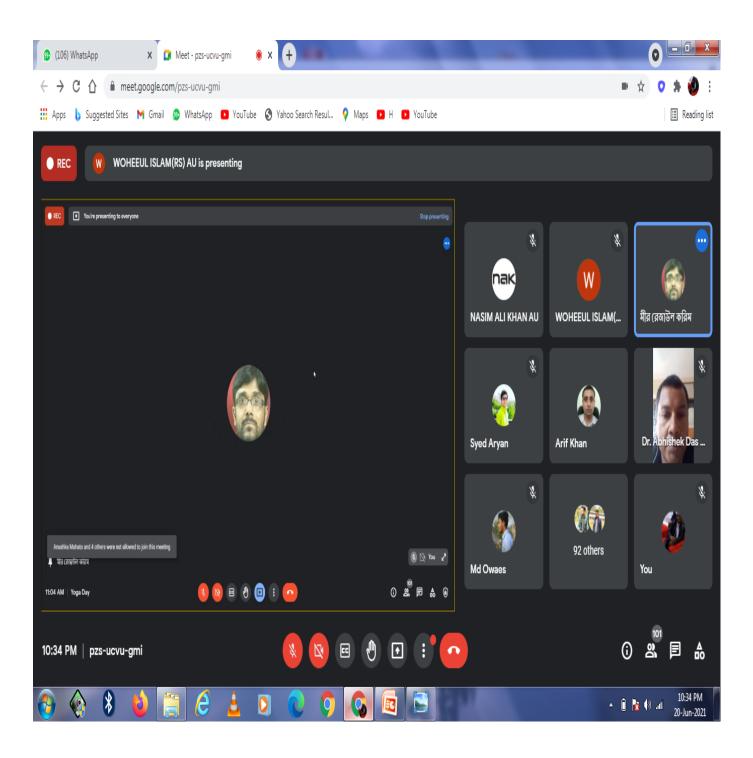
Thanks and regards

SK Sabiz Ati

Dr. Sk Sabir Ali Physical Training Instructor Nodal Officer (AICTE Fit India Movement) Aliah University

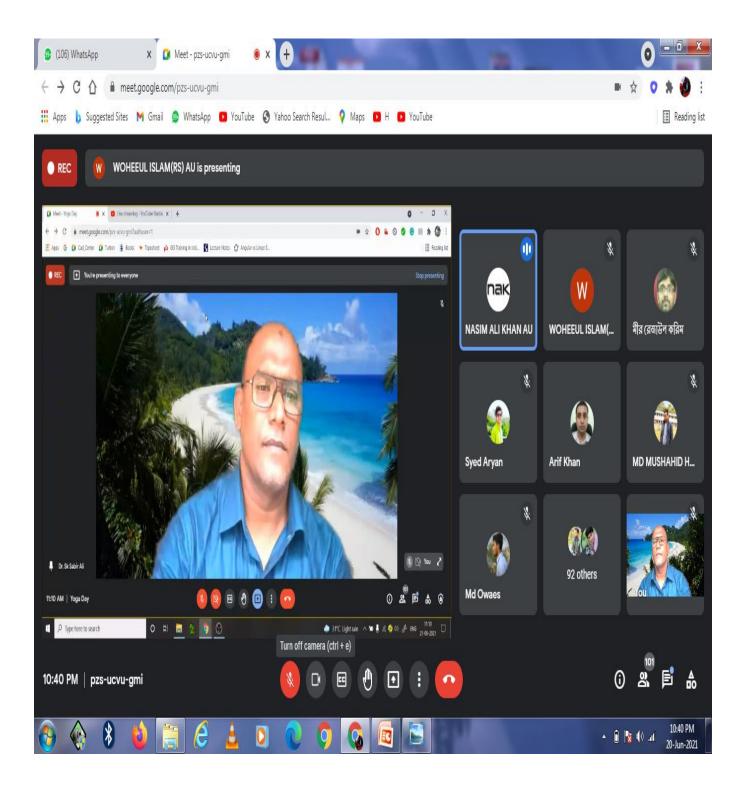
**DIGITAL BANNER** 





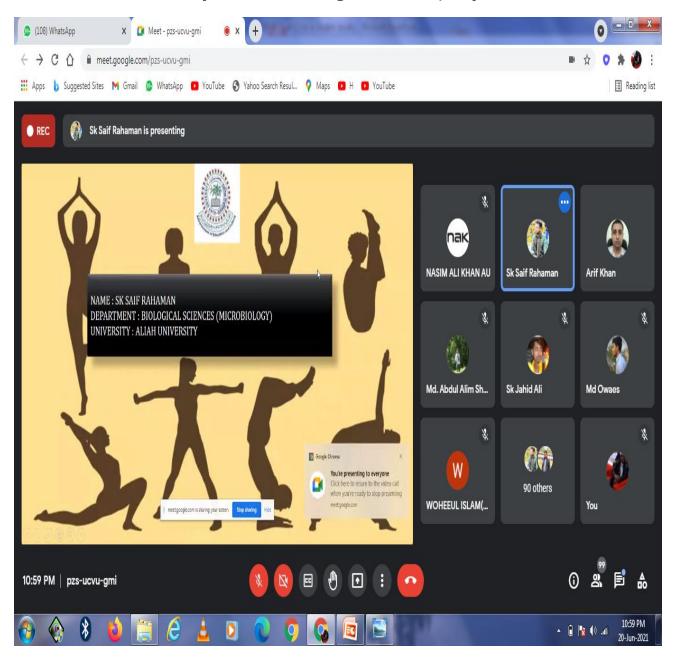
## A Topics on "Benefits of YOGA in Modern Society" Delivered by-

#### Dr. Sk Sabir Ali (Physical Training Instructor, AU)



### A Topics on "Benefits of ASANA" Delivered by-

#### Dr. SK SAIF RAHAMAN (Student of Biological Science, AU)

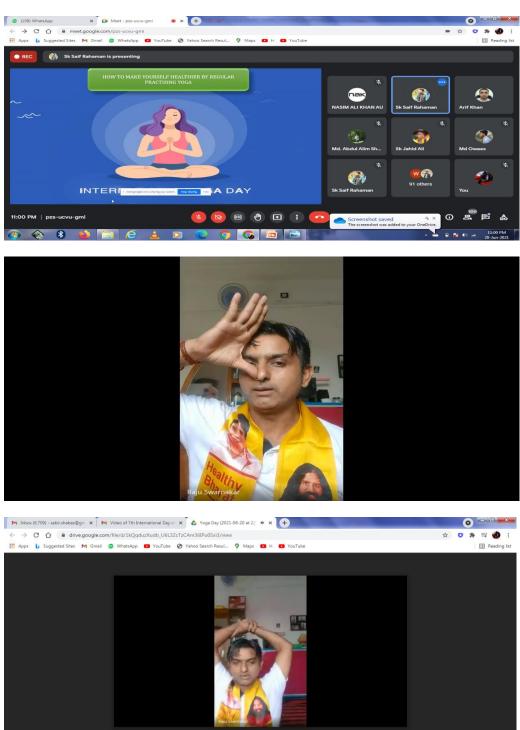


#### Yoga Class taken by-

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#### Mr. Raju Swarnakar (Yoga Trainer)



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