



Aliah University

CORDIALLY INVITES

All Stakeholders of the University
to grace the prestigious occasion of its
12th International Yoga Day - 2026

"Yoga for healthy ageing"

Yoga Day Celebration

EVENTS



**1. Yoga
Demonstration
Session**



**2. Poster
Making**



3. Quiz



Date: 21 June, 2026 |  **Time: 7:30 AM**



Venue: New Town Campus, Aliah University

With pleasure and honour, we celebrate our journey of strength, balance, and healthy living through 'Yoga for Healthy Ageing – Ageless Vitality.' We cordially invite all stakeholders of the University to grace the occasion with their esteemed presence.

Organised By

Aliah University Sports Board, Kolkata