



Aliah University

(Under the Department of Minority Affairs and Madrasah Education, Govt. of West Bengal)
IIA/27, New Town, Kolkata - 700160, West Bengal

Memo No: AU/REG/0503/24

Date: - 14.06.2024

Notice

This is to inform all departments, faculty members, officers, staff (both teaching and non-teaching), students (including sports personnel, NCC, and NSS), and research scholars that Aliah University will celebrate the 8th International Day of Yoga (IDY) 2024 by organizing a Yoga demonstration on **Friday, June 21, 2024, from 8:00 AM to 10:00 AM (assembly at 8:30 AM). The event will be held at Ground Floor, beside TPO Office, New Town campus.**

The objective of this event is to spread awareness about the health benefits of practicing Yoga, in alignment with the guidelines set by the UGC, Ministry of Education and Government of India.

All are invited to participate in this event without disrupting their normal duties to ensure its success. All Faculties, Staffs, Non-Teaching Staffs, Students are kindly requested to come in appropriate outfit as to smoothly participate in the Yoga activities and make this event a grand success.

E-Certificate will be provided to all the participants.

We look forward to your active participation.



Scan the QR

S. Sk Sabir Ali 14/06/2024
Dr. Sk Sabir Ali
Physical Training Instructor
& Sports Officer In-Charge
Secretary, Aliah University Sports Board

Copy for information to:

1. P.A. to V.C
2. P.A. to Registrar
3. Finance Office
4. Dean of Students Welfare
5. Chairman of H.M.C
6. Guard File



10th INTERNATIONAL YOGA DAY- 2024

Jointly Organised by

NATIONAL SERVICE SCHEME (NSS)

NATIONAL CADET CORPS (NCC)

ALIAH UNIVERSITY SPORTS BOARD

Aliah University, Kolkata

on

Friday, June 21, 2024 from 8 A.M. to 10 A.M.

VENUE

**GROUND FLOOR, BESIDE TPO OFFICE,
ALIAH UNIVERSITY, NEW TOWN CAMPUS, KOLKATA**

